



Would you like to participate in a Virtual Reality Stroke Therapy Trial?

Research Team: Mr Thomas Beltrame, Dr David Hobbs, A/Prof Kenneth Pope, A/Prof Belinda Lange, Prof Susan Hillier

What are the project aims?

Researchers from Flinders University and UniSA are developing an upper limb rehabilitation program in virtual reality to improve the quality of life for stroke survivors. We are collaborating to test if combining music and virtual reality can improve recovery outcomes.

What is the goal of this Pilot Trial?

You will be one of the first people to formally trial this new technology.

You will help determine if the therapy improves health aspects including upper limb function, mood & cognition

If you are interested in participating or would like more information, please contact:

Mr Thomas Beltrame

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Participation is voluntary and entirely confidential. The project has been approved by Flinders University's Human Research Ethics Committee (6151).

What will I be asked to do?

- Wear a watch-like activity monitor for 3 months
- Undertake virtual reality therapy in your home for 2 months
- Complete a series of assessments before and after the pilot trial

You can participate if you:

- ✓ Experienced a single stroke as an adult (18+), at least 6 months ago
- ✓ Have an upper limb impairment
- ✓ Able to safely use virtual reality
- ✓ Can follow instructions
- ✓ Can read and write in English

What are the details?

You will be asked to do 40 hours of virtual reality therapy in 2 months, and will then be assessed 1 & 3 months later



YOU WILL BE COMPENSATED \$100 FOR YOUR TIME