

MORNING ROUTINE

VISUAL SCHEDULE

Wake Up



Eat a healthy
Breakfast



Brush Teeth &
Wash Face



Get Dressed



Lunch and water
bottle in bag



Shoes On



Homework /
Play



INSTRUCTIONS:

Laminate the other page.

Cut out and laminate the items on this page, then cut them out again.

Place velcro (rough side) on the back of each action (7 in total).

Place velcro (soft side) on the corresponding chart (14 in total).

Place the visual schedule in an area of the home that is easily accessible and visible to your child.



For more great blogs and
resources, head to:
www.creativetherapyadelaide.com.au

MORNING ROUTINE

TASK



Wake Up



Eat a healthy
Breakfast



Brush Teeth &
Wash Face



Get Dressed



Lunch and water
bottle in bag



Shoes On



Homework /
Play



ready to go!

